

Los Angeles County Perinatal and Early Childhood Home Visitation Consortium Program Benchmark Data Comparison Charts Breastfeeding

The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium Program (LACPECHVC) was created in an effort to promote common performance measures across a variety of home visiting programs in a state or region. As part of the Pew Charitable Trusts' Home Visiting Data for Performance Initiative, the Consortium's Data Workgroup Participants have selected a set of outcome and process measures that were intended to:

- Be universally applicable across models and programs
- Be achievable by the program rather than aspirational or heavily dependent on the performance of others
- Resonate with policymakers and the engaged public
- Reflect an important policy goal worthy of public investment
- Incorporate available state administrative data

The Consortium Members' goals in collecting aggregate data were to:

- Identify commonality among programs (both outcome and process)
- Explain what home visiting does across the County
- Identify areas of strength and opportunities for improvement

Additionally, members agreed to aggregate data at the "model" level, rather than at the organizational level as it is important to recognize that each home visiting program varies in approach, dosage, and program goals. Below is a list of home visiting models that provided data in reference to breastfeeding:

- Welcome Baby (WB)
- Healthy Families America (HFA)
- Parents as Teachers (PAT)
- CCRC Early Head Start (CCRC EHS)

- Partnerships for Families (PFF)
- Healthy Start (HS)
- Nurse Family Partnership (NFP)

This Benchmark Comparison Chart Report as presented by the Data Workgroup, provides individual chart reports for LACPECHVC'S Programmatic Data [FY 18-19] with charts that display differences between various home visiting groups and county level data. The county level data (Benchmark Data) that is presented is designed to provide a comparison to the Programmatic Data; for reference please refer to the 'LACPECHVC Outcome Measure for FY 18-19.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

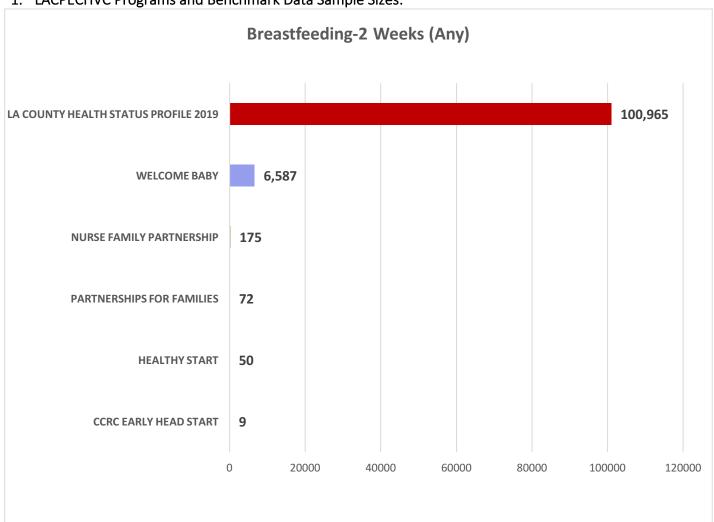


BREASTFEEDING- 2 WEEKS (ANY)

This report compares programmatic data and county level data for the 'Breastfeeding- 2 Weeks (Any)' variable. **Section A** breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). **Section B** displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES

1. LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions. Models excluded from graph include PAT and HFA.

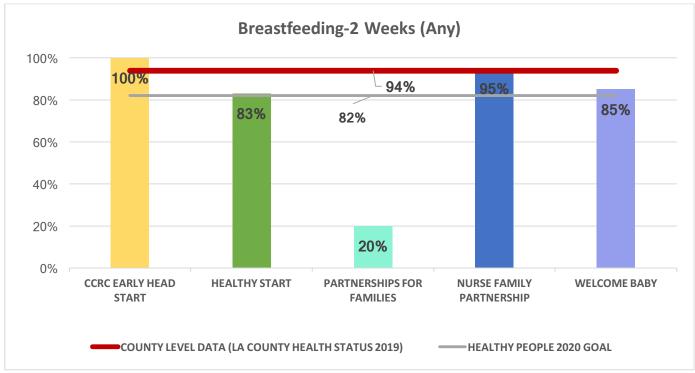
2. Benchmark Data Source(s):

LA County Health Status Profile 2019.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include PAT and HFA.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- Numerator: Number of breastfeeding (any) up to 2 weeks after birth.
- Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 2 weeks.

2. Benchmark Data Variable Definitions:

• 'LA County Health Status Profile 2019' defines the numerator as the breastfeeding initiation number and the denominator is defined as the 2015-2017 total breastfeeding average.

3. HEALTHY PEOPLE 2020 GOAL*

 Healthy People 2020's Breastfeeding Objectives aim to increase the proportion of infants who are breastfed. Compared to the percentage of those breastfed at the baseline (year measured), the goal is to increase breastfeeding initiation to (81.9%) by the year 2020.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

^{*}Please note that the Healthy People 2030 goal for this variable is not available yet.

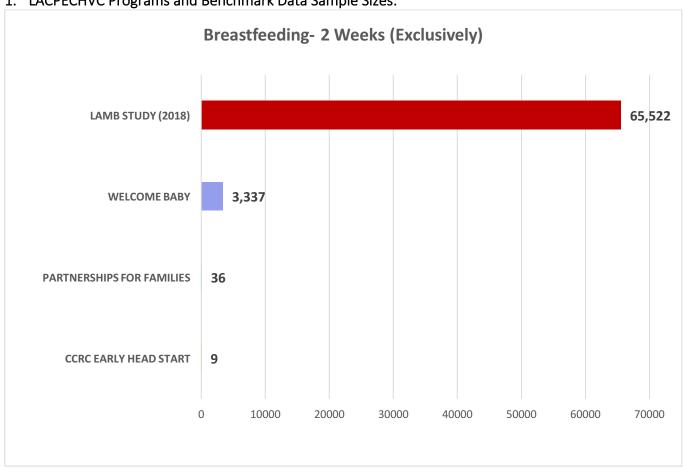


BREASTFEEDING- 2 WEEKS (EXCLUSIVELY)

This report compares programmatic data and county level data for the 'Breastfeeding-2 weeks (Exclusively)' variable. Section A breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). Section B displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES

LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include PAT, HFA, HS, and NFP.

Note: Sample size not available for Benchmark.

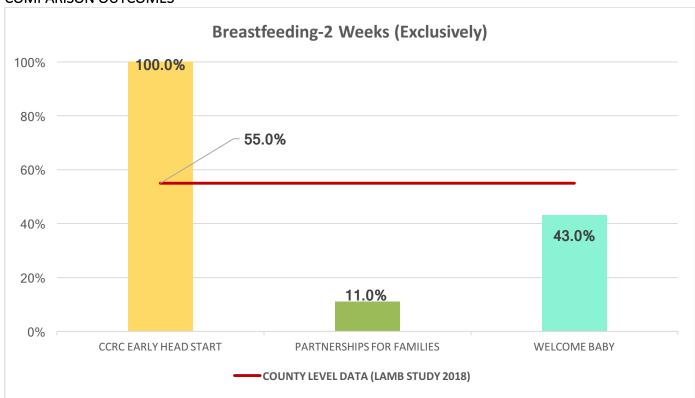
2. Benchmark Data Source(s):

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include PAT, HFA, HS, and NFP.

Variables are defined as:

- 1. LACPECHVC Program Variable Definitions:
 - Numerator: Number of breastfeeding exclusively up to 2 weeks after birth.
 - **Denominator**: Number of women enrolled in program within 2 weeks of birth and in program for at least 2 weeks.

2. Benchmark Data Variable Definitions:

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the numerator as 'any breastfeeding at exclusively at one week' and the denominator as 'total breastfeeding in LA county 2018 (SPA 1-8)'.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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BREASTFEEDING-3 MONTHS (ANY)

This report compares programmatic data and county level data for the 'Breastfeeding-3 Months (Any)' variable. **Section A** breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). **Section B** displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES

1. LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and NFP.

2. Benchmark Data Source(s):

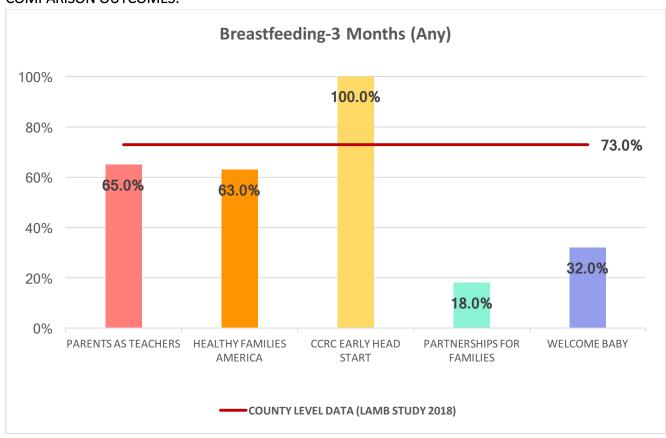
• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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B. COMPARISON OUTCOMES:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and NFP.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- Numerator: Number breastfeeding clients any 3 months after birth.
- **Denominator:** Number of women enrolled in program within 2 weeks of birth and in program for at least 3 months.

2. Benchmark Data Variable Definitions:

Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the
numerator as 'number of children breastfed any at 3 months in 2018 and the denominator as
'total breastfeeding in LA County 2018 (SPA 1-8).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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BREASTFEEDING-3 MONTHS (EXCLUSIVELY)

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A. SAMPLE SIZES

1. LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and NFP.

2. Benchmark Data Source(s):

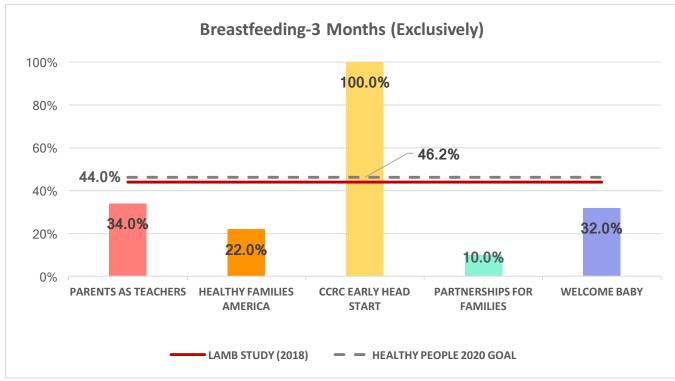
Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and NFP.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- Numerator: Number breastfeeding exclusively 3 months after birth.
- **Denominator**: Number of women enrolled in program within 2 weeks of birth and in program for at least 3 months.

2. Benchmark Data Variable Definitions:

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the numerator as 'number of children breastfed exclusively through 3 months in 2018 and the denominator as 'total breastfeeding in LA County 2018 (SPA 1-8).

3. HEALTHY PEOPLE 2020 GOAL*

• Healthy People 2020's Breastfeeding Objectives aim to increase the proportion of infants who are breastfed. Compared to the percentage of those breastfed at the baseline (year measured), the goal is to increase breastfeeding through 3 months exclusively to (46.2%) by the year 2020. *Please note that the Healthy People 2030 goal for this variable is not available yet.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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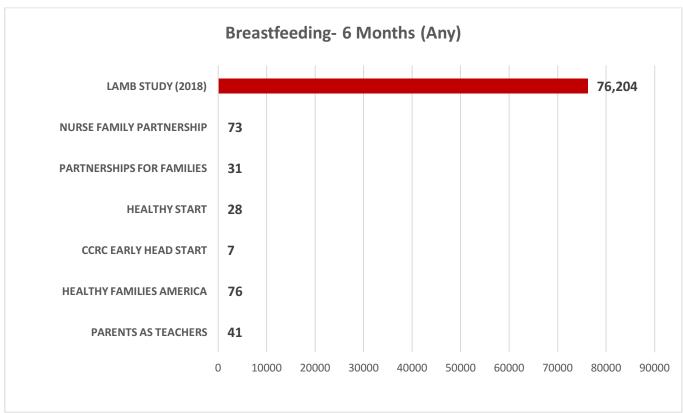


BREASTFEEDING-6 MONTHS (ANY)

This report compares programmatic data and county level data for the 'Breastfeeding-6 Months (Any)' variable. **Section A** breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). **Section B** displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES

1. LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include WB.

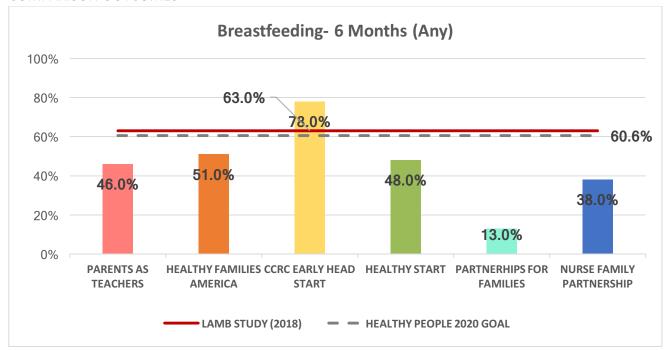
2. Benchmark Data Source(s):

Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include WB.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- Numerator: Number of breastfeeding any 6 months after birth.
- **Denominator**: number of women enrolled in program within 2 weeks of birth and in program for at least 6 months.

2. Benchmark Data Variable Definitions:

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the numerator as 'number of children breastfed any 6 months in 2018 and the denominator as 'total breastfeeding in LA County 2018 (SPA 1-8).

3. HEALTHY PEOPLE 2020 GOAL*

• Healthy People 2020's Breastfeeding Objectives aim to increase the proportion of infants who are breastfed. Compared to the percentage of those breastfed at the baseline (year measured), the goal is to increase breastfeeding at 6 months to (63.1%) by the year 2020.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

^{*}Please note that the Healthy People 2030 goal for this variable is not available yet.

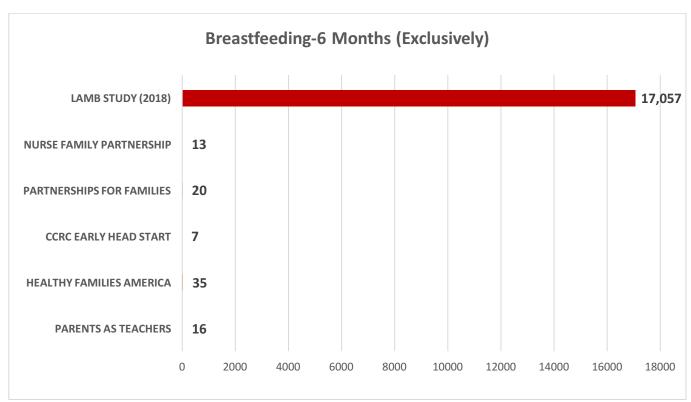


BREASTFEEDING-6 MONTHS (EXCLUSIVELY)

This report compares programmatic data and county level data for the 'Breastfeeding-6 Months (Exclusively)' variable. **Section A** breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). **Section B** displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES:

LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and WB.

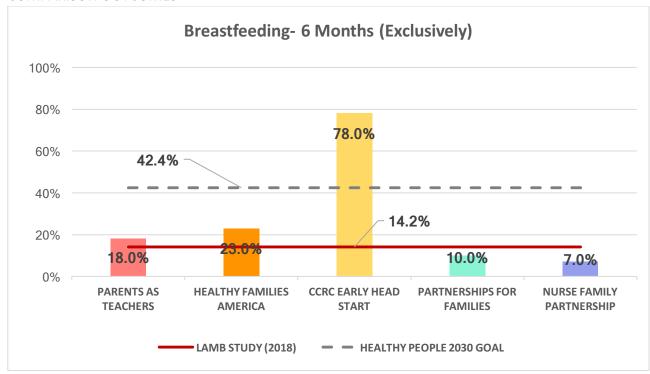
2. Benchmark Data Source(s):

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and WB.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- **Numerator:** number breastfeeding exclusively 6 months after birth.
- **Denominator**: Number of women enrolled in program within 2 weeks of birth and in program for at least 6 months.

2. Benchmark Data Variable Definitions:

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the numerator as 'number of children breastfed exclusively through 6 months in 2018 and the denominator as 'total breastfeeding in LA County 2018 (SPA 1-8).

3. HEALTHY PEOPLE 2030 GOAL

 Healthy People 2030's Breastfeeding Objectives aim to increase the proportion of infants who are breastfed exclusively through 6 months. Compared to the percentage of those breastfed at the baseline (2015), the goal is to increase breastfeeding through 6 months exclusively to (42.4%) by the year 2030.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

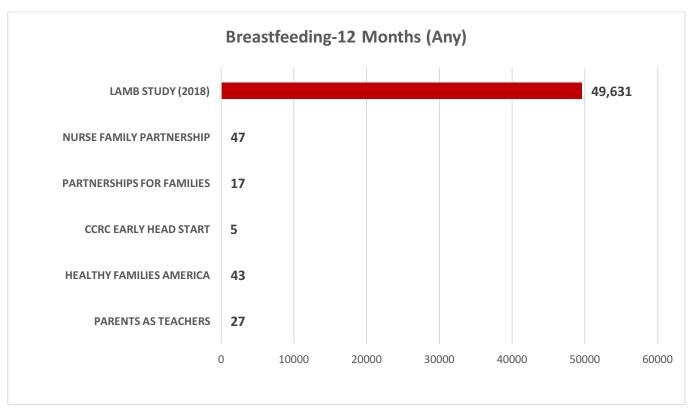


BREASTFEEDING-12 MONTHS (ANY)

This report compares programmatic data and county level data for the 'Breastfeeding-12 Months (Any)' variable. **Section A** breaks down sample sizes for programmatic and benchmark data and provides the benchmark data source(s). **Section B** displays comparison outcomes and provides variable definitions.

A. SAMPLE SIZES

1. LACPECHVC Programs and Benchmark Data Sample Sizes:



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and WB.

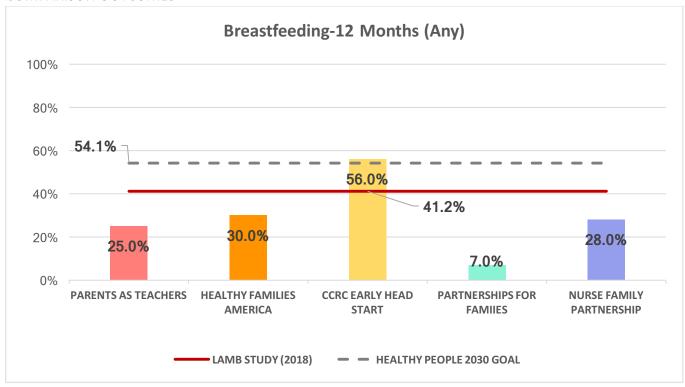
2. Benchmark Data Source(s):

• Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study).

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



B. COMPARISON OUTCOMES



Note: Not every program is represented in the graph due to program model restrictions and/or unavailable data. Models excluded from graph include HS and WB.

Variables are defined as:

1. LACPECHVC Program Variable Definitions:

- Numerator: Number breastfeeding any 12 months after birth.
- Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 12 months.

2. Benchmark Data Variable Definitions:

Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study): defines the
numerator as 'number of children breastfed any through 12 months in 2018 and the denominator
as 'total breastfeeding in LA County 2018 (SPA 1-8).

3. HEALTHY PEOPLE 2030 GOAL

• Healthy People 2030's Breastfeeding Objectives aim to increase the proportion of infants who are breastfed at 1 year. Compared to the percentage of those breastfed at the baseline (2015), the goal is to increase breastfeeding for 12 months to (54.1%) by the year 2030.

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.



BREASTFEEDING VARIABLES SUMMARY STATISTICS:

INDICATOR	PARENTS AS TEACHERS	HEALTHY FAMILIES AMERICA	CCRC EARLY HEAD START	HEALTHY START	PARTNERSHIPS FOR FAMILIES	NURSE FAMILY PARTNERSHIP	WELCOME BABY	BENCHMARK REPORT NAME & SOURCE	BENCHMARK MEASURE
Numerator: Number breastfeeding any up to 2 weeks after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 2 weeks.	Data not available	Data not available	(9/9) =100%	(50/60) =83%	(72/357) =20%	(715/749) =95%	(6,587/7,715) =85%	Los Angeles County's Health Status Profile for 2019	94%
2 weeks (Exclusively) Numerator: Number breastfeeding exclusively up to 2 weeks after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 2 weeks.	Data not available	Data not available	(9/9) =100%	Data not available	(36/333) =11%	Data not available	(3,337/7,715) =43%	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	55%
3 months (Any) Numerator: Number breastfeeding any 3 Months after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 3 Months.	(71/110) =65%	(81/129) =63%	(9/9) =100%	Data not available	(43/236) =18%	Data not available	(1,107/3,421) =32%	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	73%

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INDICATOR	PARENTS AS TEACHERS	HEALTHY FAMILIES AMERICA	CCRC EARLY HEAD START	HEALTHY START	PARTNERSHIPS FOR FAMILIES	NURSE FAMILY PARTNERSHIP	WELCOME BABY	BENCHMARK REPORT NAME & SOURCE	BENCHMARK MEASURE
3 Months (Exclusively) Numerator: Number breastfeeding exclusively 3 Months after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 3 Months.	(37/110) =34%	(29/129) =22%	(9/9) =100%	Data not available	(26/226) =10%	Data not available	(1,107/3,421) =32%	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	44%
Numerator: Number breastfeeding any 6 Months after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 6 months.	(41/90) =46%	(76/150) =51%	(7/9) =78%	(28/58) =48%	(31/236) =13%	(73/194) =38%	Data not available	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	63%
6 Months (Exclusively) Numerator: Number breastfeeding exclusively 6 Months after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 6 months.	(16/90) =18%	(35/150) =23%	(7/9) =78%	Data not available	(20/202) =10%	(13/194) =7%* * Likely an undercount due to revision of question to assess indicator at the beginning of the fiscal year	Data not available	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	14%

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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INDICATOR	PARENTS AS TEACHERS	HEALTHY FAMILIES AMERICA	CCRC EARLY HEAD START	HEALTHY START	PARTNERSHIPS FOR FAMILIES	NURSE FAMILY PARTNERSHIP	WELCOME BABY	BENCHMARK REPORT NAME & SOURCE	BENCHMARK MEASURE
12 Months (Any) Numerator: Number breastfeeding any 12 Months after birth Denominator: Number of women enrolled in program within 2 weeks of birth and in program for at least 12 months.	(27/106) =25%	(43/143) =30%	(5/9) =56%	Data not available	(17/233) =7%	(47/170) =28%	Data not available	Health Indicators for Mothers & Babies in Los Angeles County, 2018 (LAMB Study)	41%

Benchmark county/state/national level data is provided as a comparison to LACPECHVC's Programmatic data and may differ in variable definition and measurement of the numerator and denominator. Additionally, program models do not have the same outcomes and deliverables and therefore may have differing or non-reportable data.

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Discussion:

The breastfeeding variables represented in this report by the Los Angeles County Perinatal and Early Childhood Home Visitation Consortium programs included Breastfeeding: 2 weeks (any), 2 weeks (exclusively), 3 months (any), 3 months (exclusively), 6 months (any), 6 months (exclusively), and 12 months (any). When compared against available county-level data and Healthy People goals, it was discovered that:

- a. **Breastfeeding-2 Weeks (any):** CCRC EHS and NFP exceeded county-level data, whereas HS, PFF, and WB were below county-level data. When compared against the Healthy People 2020 goal, CCRC EHS, HS, NFP, and WB exceeded the goal, whereas PFF fell below the goal. It is also important to note that not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included PAT and HFA.
- b. Breastfeeding- 2 weeks (exclusively): CCRC EHS exceeded county-level data, whereas PFF and WB were below county-level data. It is also important to note that a Healthy People goal was not available for this variable and not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included PAT, HFA, HS, and NFP.
- c. **Breastfeeding-3 Months (Any):** CCRC EHS exceeded county-level data, whereas PAT, HFA, PFF, and WB were below county-level data. It is also important to note that a Healthy People goal was not available for this variable and not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included HS and NFP.
- d. **Breastfeeding-3 Months (Exclusively):** CCRC EHS exceeded county-level data and the Healthy People 2020 goal, whereas PAT, HFA, PFF, and WB were below county-level data and the Healthy People 2020 goal. It is also important to note that a Healthy People goal was not available for this variable and not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included HS and NFP.
- e. **Breastfeeding-6 Months (Any):** CCRC EHS exceeded county-level data and the Healthy People 2020 goal, whereas PAT, HFA, HS, PFF, and NFP were below county-level data and the Healthy People 2020 goal. It is also important to note that a Healthy People goal was not available for this variable and not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included WB.
- f. Breastfeeding-6 Months (Exclusively): PAT, HFA, and CCRC EHS exceeded county-level data, whereas PFF and NFP were below county-level data. When compared against the Healthy People 2030 goal, CCRC EHS exceeded the goal, whereas PAT, HFA, PFF, and NFP were below the goal. It is also important to note that a Healthy People goal was not available for this variable and not every

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program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included HS and WB.

g. Breastfeeding-12 Months (Any): CCRC EHS exceeded county-level data and the Healthy People 2030 goal, whereas PAT, HFA, PFF, and NFP were below county-level data and the Healthy People 2030 goal. It is also important to note that a Healthy People goal was not available for this variable and not every program was represented in the graph due to program model restrictions and/or unavailable data. Models excluded from this comparison included HS and WB.

Limitations and Recommendations:

Such discrepancies in data may be the result of different demographics, variable definitions, sample sizes, outcomes, and deliverables within each program model. It is important to recognize that while CCRC EHS exceeded most goals, that their sample size is small and may not be an accurate and reliable representation. Recommendations for the LACPECHVC programs are to continue to follow model guidelines and strive to increase the breastfeeding percentages for all measurements. Additionally, Healthy People 2030 is continuing to release data and goals and it is encouraged for programs to assess what needs to be done to reach those expectations.

General suggestions for the future: break down data by SPA level, compare demographic data to spot differences between models, clearly identify if model definitions do not compare to the LACPECHVC definitions, and collaborate to create universal definitions and measurements for breastfeeding in order to have more reliable and comparative data.